2016 International Conference on Physician Health
September 18-20, 2016
Boston, MA

Presentations & Workshops

- **Addressing House-Staff Physician Professional Fulfillment and Burnout**
  Mickey Trockel, Stewart Babbott, Bardia Behravesh, Greg Unruh, Brad Poss, Ellen Morrow, Brian Flahery, Mark Linzer, Rosemary Quirk, Caroline Okorie, Sumit Bhargava

- **Experiencing Joy in Medicine**
  Bruce Feldstein, Rebecca Smith-Coggins

- **Finding Your Bliss as a Physician**
  Daniel Murphy, Artie Wu

- **The Ideal Gas Lounge: Boosting Resident Happiness with Empowerment and Common Space Improvements**
  Adam Was, Tara Cornaby

- **An Innovative Program to Address Barriers to Healthful Eating in Anesthesia Residents**
  Sandra Sacks, Natalya Hasan

- **A Time Banking System to Support Workplace Flexibility**
  Magali Fassiotto, Yvonne Maldonado, Jennifer Raymond, Caroline Simard, Hannah Valentine

Posters

- **Assessing Burnout & Professional Fulfillment Among Pediatric Subspecialty Fellows**
  Caroline Okorie, Mickey Trockel & Sumit Bhargava

- **Brief Compassion Training for Physician Well-Being**
  Robert Horowitz, Mickey Trockel, Tia Rich, Sue Kim, Sandra Winter, Marcia Stefanick

- **Burnout in the NICU Setting and its Relation to Healthcare-Associated Infections**
  Daniel Tawfik, Peiyi Kan, Paul Sharek, Courtney Nisbet, Joseph Rigdon, J. Bryan Sexton, Jochen Profit

- **Cultivating a Culture of Self-Awareness, Compassion and Community through Development of a Novel Anesthesia Resident Wellness Program**
  Tara Cornaby, Ravi Prasad, Natalie Hasan, Emily Ratner

- **Evaluating the Effectiveness of a Physician Wellness Literature and Medicine Program**
  Benny Gavi, Jacqueline Genovese, Mickey Trockel and Mary Lou Murphy
• **Finding Joy in a Haystack: WellMD Website and Newsletter**
  Harise Stein

• **Identifying Housestaff Barriers to Self Care: Mentorship Matters**
  Lindsay Borg, Keri Brady, Jie Li, Nancy Piro, Ann Dohn & Mickey Trockel

• **Planning and Assessing Wellness Interventions Physicians Create for Themselves: Results of a Promising Natural Experiment**
  Andrea Hausel, Rachel Seaman, Bryan Bohman, Mickey Trockel

• **Sleep Health in Medical Students: A Cross-Sectional Study**
  Sara Connolly, Mickey Trockel, Rebecca Smith-Coggins

• **“It Sustains Me”: How Physicians Draw Satisfaction and Overcome Barriers in their Practices**
  Amy Weil, Lars Osterberg, Elizabeth Rider, William Branch

• **What do we mean by Physician Wellness? A Systematic Review of its Definition and Measurement** (embargoed)
  Keri Brady, Mickey Trockel, Christina Khan, Kristen Raj, Mary Lou Murphy, Bryan Bohman, Erika Frank, Alan Louie, Laura Roberts