Bugs, Guts & Probiotics

Tuesday
Sept. 19, 2017
12:00 – 1:00
M106

Want a quick tour of gut bacteria?
What are evidenced-based uses of probiotics?

Speakers:

Lisa Offringa, PhD
Research Fellow, SPRC
• Basics of the intestinal bacterial environment
• What are pro- and pre-biotics?
• Fiber overview

Ann Ming Yeh, MD
Clinical Assistant Professor, Pediatrics – GI
• Resources for assessing probiotic quality
• Side effects and contraindications of probiotics
• Clinical uses of probiotics and fecal transplant

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