**MD CAMARADERIE**

Key to physician satisfaction and wellness is collegial support and the existence of a professional community. Our second annual SHC Physician Gala was a great success: strengthening our sense of community while also honoring the importance of clinical medicine to our medical center.

The Physician Wellness Survey luncheons last week were also quite successful! Approximately 185 physicians completed the pilot; the final survey will soon be offered to the entire Medical Staff.

Many physicians, both house staff and attendings, stayed much longer than the 15 minutes needed to complete the survey, enjoying the opportunity to share a collegial meal with their professional associates. It's clear that further similar opportunities would be useful in sustaining the social connections that are so helpful in building clinical teamwork. These connections, in addition, support personal well-being.

Special thanks to Mary Lou Murphy, Sandra Ehlert and Julie Rex for their tremendous efforts to organize and staff these luncheons.

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**Recent Research:**

**Management of needlestick injuries: a house officer who has a needlestick.** Henderson DK. JAMA. 2012 Jan 4;307(1):75-84. PMID: 22146902

From the NIH, review of precautions and post-exposure management of occupational HIV, hepatitis B, and hepatitis C exposures.


From a survey of 108 resident and attending surgeons at Beth Israel, 79% had experienced either a serious adverse patient event and/or a personal traumatic event in the prior year. The most popular source of support was colleagues (88%) vs. employee assistance program (29%) and mental health professionals (48%). “Based on these results, a one-on-one peer physician support program was incorporated into support services at our hospital.”


Despite a small increase in pregnancy during surgical training compared to 30 years ago, there is still a substantial faculty and peer bias to delay pregnancy until independent practice, more so than other specialties.