FOLLOWING OSLER’S ADVICE

"...see to it that you have also an avocation – some intellectual pastime which may serve to keep you in touch with the world of art, of science, or of letters.” - Sir William Osler

Physicians in general are known to be a very creative and talented bunch, and for the past 10 years the Stanford Arts, Humanities and Medicine Program has given us an opportunity to develop and nurture skills of observation, analysis, empathy, communication and self-reflection - skills that are essential for humane medical care. Under the direction of Dr. Audrey Schaeffer and new Asst. Director Jacqueline Genovese, multiple programs are ongoing or planned.

The Bioethics and Medical Humanities department of the Stanford School of Medicine provides a scholarly concentration that has attracted 10 percent of medical students. These students have created a variety of fascinating projects including books and film documentaries, which are showcased at the popular annual Medicine and the Muse event.

Each quarter the Pegasus Physician Writers present a themed evening of fiction, non-fiction and poetry. The most recent event, focusing on death and dying, brought a standing-room only crowd. Ongoing writing workshops for physicians are also held each quarter, and have long waiting lists.

The new Stanford Medicine Music Network has been formed to give medical students, physicians and other health care providers a community of fellow musicians to join with in performances in the Stanford and surrounding communities. So far 149 have signed up.

And plans are being considered to join medical institutions such as Harvard and U of Chicago in a national award-winning dinner-included reading and discussion program for healthcare providers "Literature & Medicine."

To find out more about any of these outstanding programs, please contact Jacqueline Genovese.

Calendar:

For details of these and more events/classes, plus CME wellness courses, see WellMD Calendar

8/2 - Women Leaders: Mastering Influence, Authenticity and Power
8/7 - Healthy Kitchen: Meal Planning
8/8 - Mind, Body, Spirit Moms
8/8 - Stanford Summer Chorus
8/11 - Back Relief from Top to Bottom
8/13 - Stanford Global Studies Film Festival
8/14 - Transforming Stress
8/16 - Football Open House
8/18 - Partner Shiatsu for Hands and Feet
8/19 - All Hospital Schwartz Rounds
8/20 - Beautiful Living from the Inside Out
8/28 - A Nutritious Start to the School Year

Fall quarter registration:
Stanford Cont. Studies – End Aug
Rec Classes – Mid-Sept
HIP Classes – Mid-Sept

News Items:

The Science of Happiness
Starts 9/9/14
Free online 8 week course: includes short videos, articles, “happiness practices” based on research, self-tests, progress tracking.
Sponsor: Greater Good Science Center, UC Berkeley

Dean Pizzo Stanford Doc’s Run 3.0
9/5/2014
Get ready for a moonlight run in Palo Alto Baylands to raise money for Cardinal Free Clinics!

Recent Research:

The woman in the mirror: humanities in medicine. Huyler F. Acad Med. 2013 Jul;88(7):918-20. PMID: 23799440

"The humanities...inspire us to be better, and caution us against being worse...studying the humanities in medicine is not about indulging in sentimentality, in earnest appeals for empathy... it is about providing an outlet for both emotional engagement and self-reflection in a culture that typically denies both, looks outward rather than inward, and too often ignores not only the personal costs but also the personal rewards of medical work.”