

## Commensality Groups

### Discussion Sample Question Set

Set 11:

1. What lesson or piece of wisdom have you learned from a colleague that has had an impact on your life or practice?
2. Think of your best day at work in the last 3-4 weeks. What made this day so meaningful?
3. If your work/life integration were optimal, what would you be doing differently?
4. What part of your workweek is most meaningful to you; how much time are you able to devote to it?
5. How do you create healthy boundaries in your relationships with patients and still maintain compassion?