

Commensality Groups

Discussion Sample Question Set

Set 8:

1. Think of a hobby or activity you used to enjoy, but no longer participate in. Do you want to re-integrate this activity into your life or have your interests and priorities changed?
2. Think of a time in your professional life when you came up with creative solution to a problem you faced at work?
3. How do you protect and nurture personal relationships despite demands on work?
4. What aspect of your work is most meaningful to you? Be as specific as possible.
5. How do you incorporate humor into your life when the day-to-day interactions are heavy and serious?