Commensality Groups

Discussion Sample Question Set

Set 5:

1. What lessons or pieces of wisdom have patients taught you?

2. How do you put boundaries around work email at home?

3. What is one of the greatest pieces of wisdom you have learned from a colleague?

4. What habit or ritual do you use to keep yourself in the moment when you are with your spouse/partner?

5. What are 2-3 work-related goals you would like to accomplish before you retire?